



**GEN KÖK**

Genom ve Kök Hücre Merkezi  
Genome and Stem Cell Center

# STEM CELL THERAPIES IN RETINAL DEGENERATIONS

Prof.Dr. Ayşe Öner, FEBO  
Erciyes University Medical Faculty  
Ophthalmology Dept. KAYSERİ





I have no financial interest to disclose



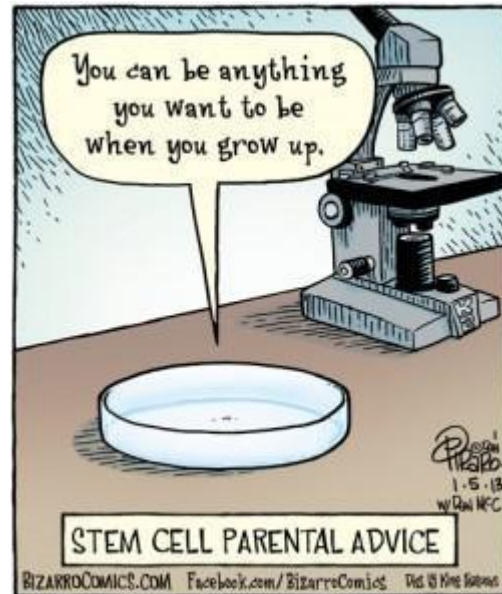
## MAIN TOPICS

- \* What is stem cell?
- \* What are the types and properties of stem cell?
- \* Applications in retinal diseases?
- \* Our clinical phase 1 study?

# WHAT IS STEM CELL?

## Stem cell:

- \* Basic, pure, unspecialized form of cell.
- \* Has the potential to develop into many different cell types in the body.
- \* Repair damaged cells and tissues





# History of Stem Cells

- \* **1981:** Discovery of embryonic stem cells from early mouse embryos.
- \* **1998:** Stem cells from human embryos are derived in the laboratory and called human embryonic stem cells (hESCs)
- \* **2006:** Researchers "reprogrammed" some adult cells to behave like an ESC ( induced pluripotent stem cells) (iPSCs),
- \* **2009:** With the permission of the FDA, the first hESC clinical trial was approved for spinal cord injury.

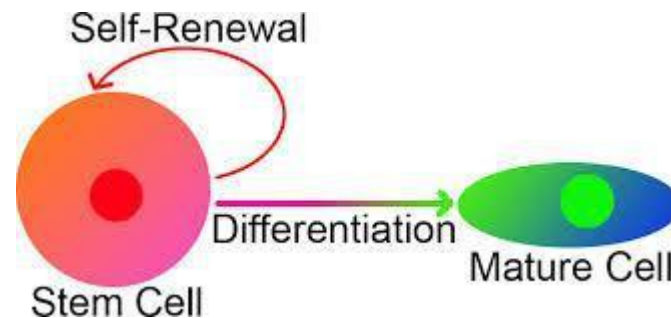


# UNIQUE PROPERTIES OF SC

- Proliferation
- Self-renewal
- Differentiation

# PROLIFERATION-SELF-RENEWAL

- \* **Proliferation:** Stem cells are capable of dividing and replicating themselves for long periods.
- \* **Self –renewal:** After division, it can continue as a stem cell, like the parent stem cells.





# DIFFERENTIATION

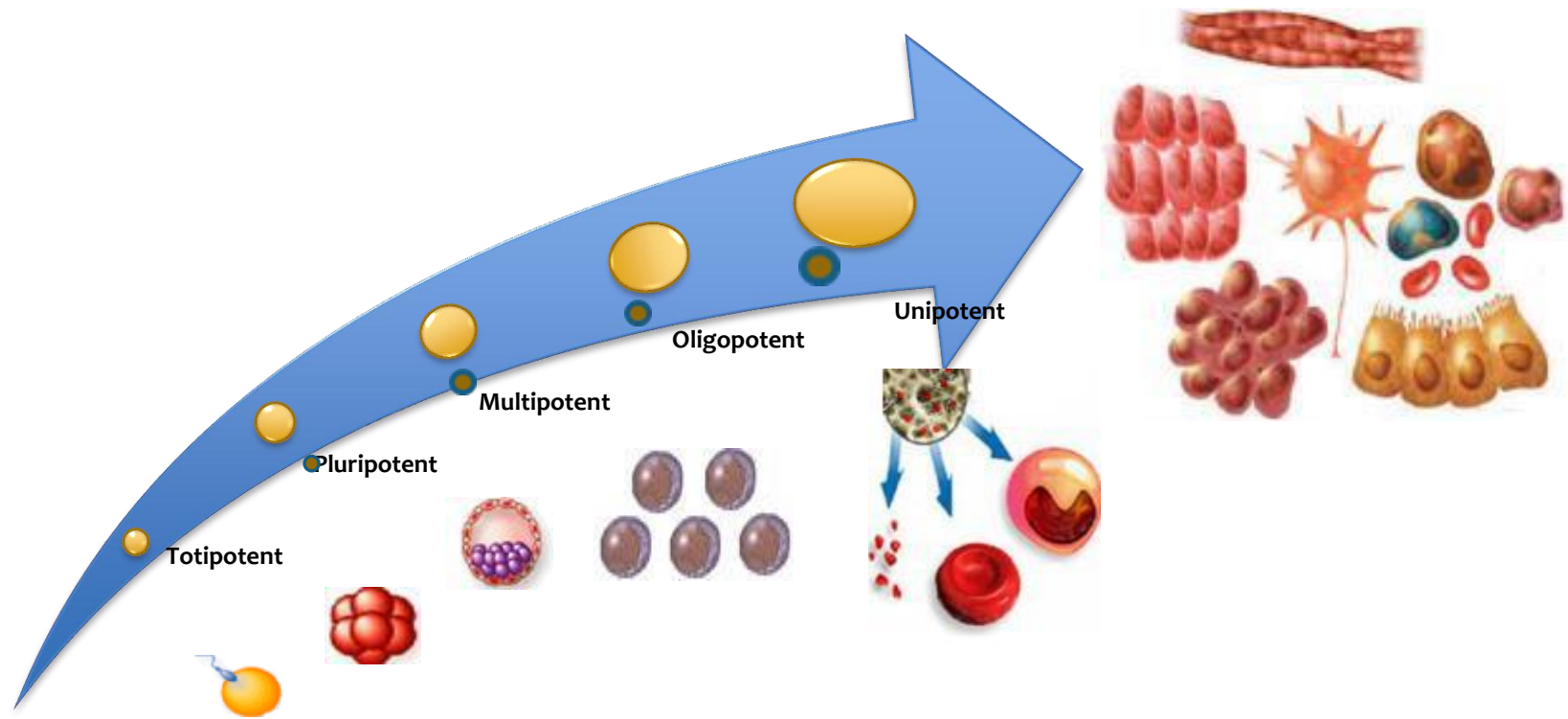
**Differentiation:** When unspecialized stem cells give rise to specialized cells, the process is called **differentiation**.

There are internal and external signals during differentiation.

The internal **signals** are controlled by a cell's **genes**

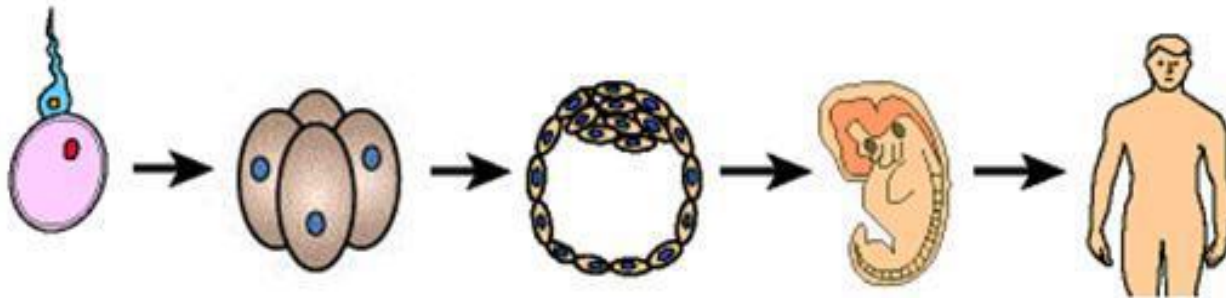
The external signals for cell differentiation include chemicals secreted by other cells, physical contact with neighboring cells, and certain molecules in the **microenvironment**.

# POTENCY OF SC



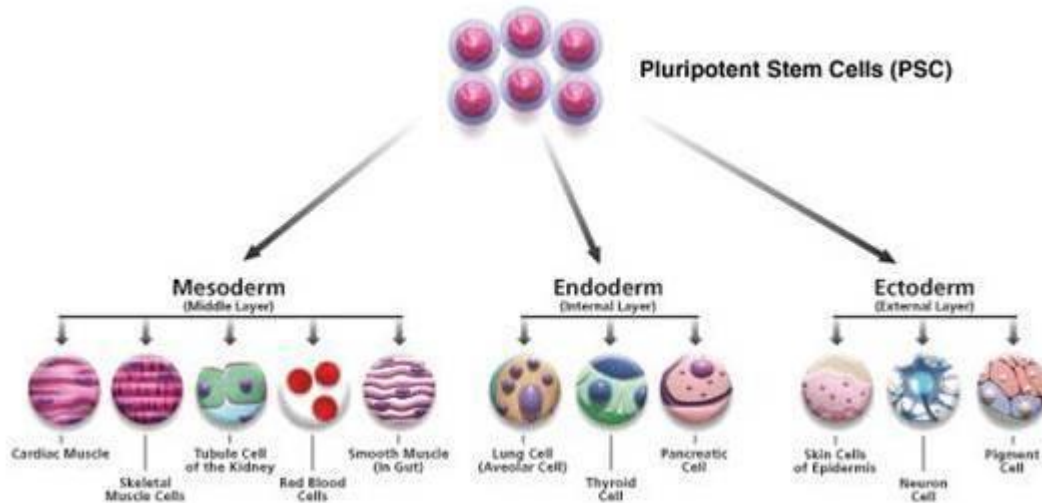
# Totipotent:

- Unlimited proliferation capacity
- Are able to differentiate into embryonic and extra embryonic cells.



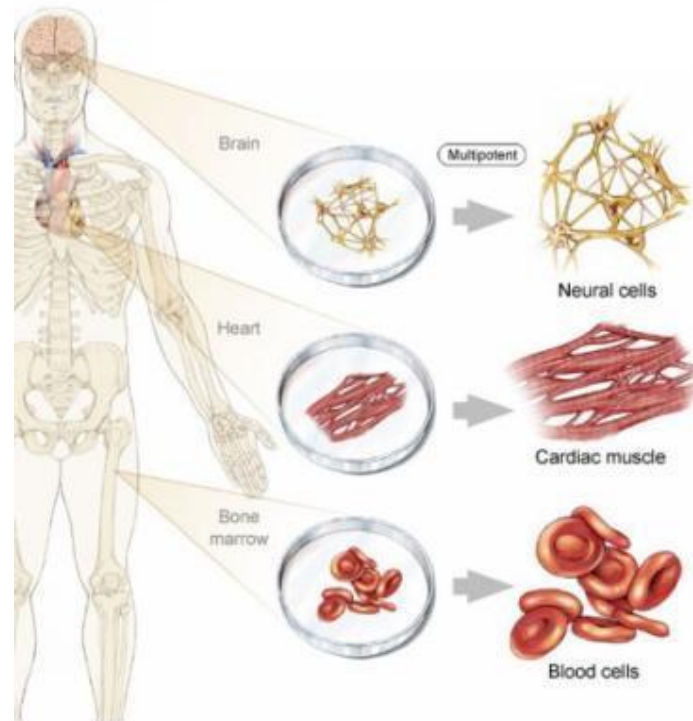
# Pluripotent:

Capacity to differentiate into embryogenic cell layers (endoderm, mesoderm, ectoderm)



# Multipotent

Capacity to differentiate limited types of cell types.





# TYPES OF STEM CELLS

1-EMBRYONIC STEM CELLS

2- ADULT STEM CELLS

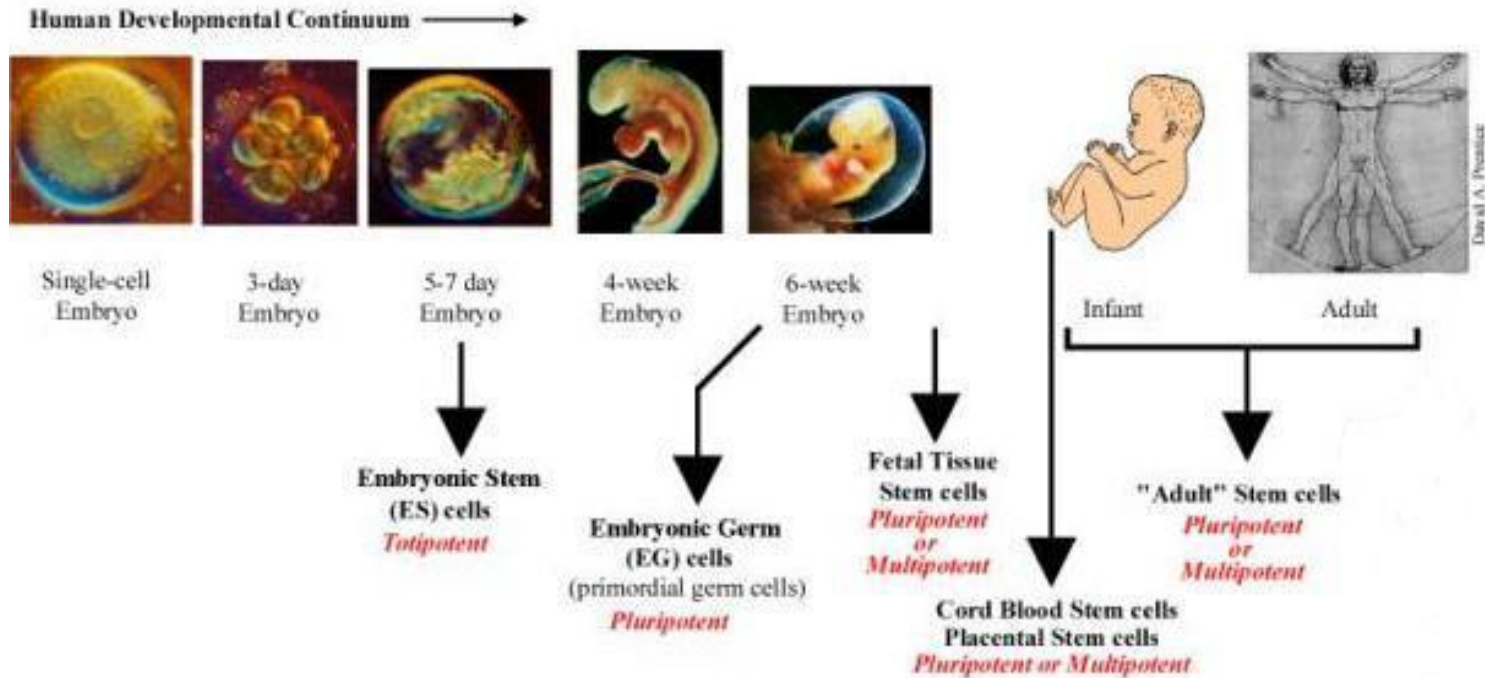
- Mesencymal SC
- Induced Pluripotent SC

3-CORD BLOOD STEM CELLS

4- AMNIOTIC FLUID STEM CELLS

# ORIGIN OF STEM CELLS

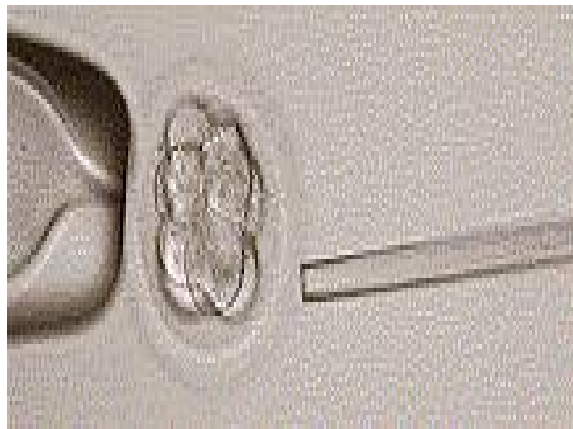
## Stem Cells

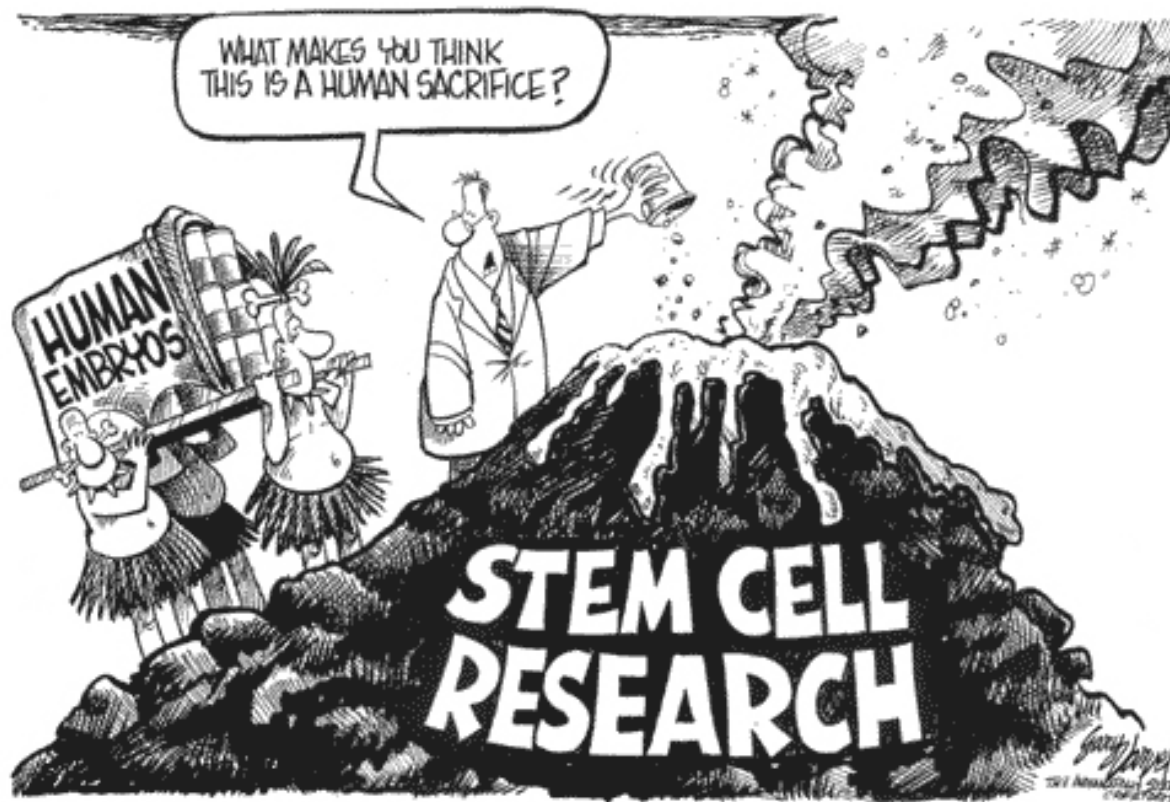
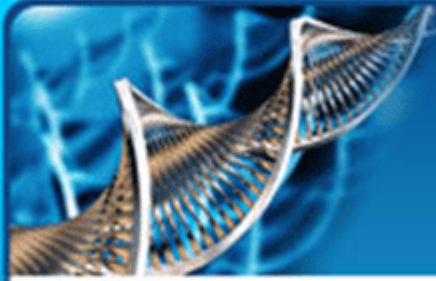




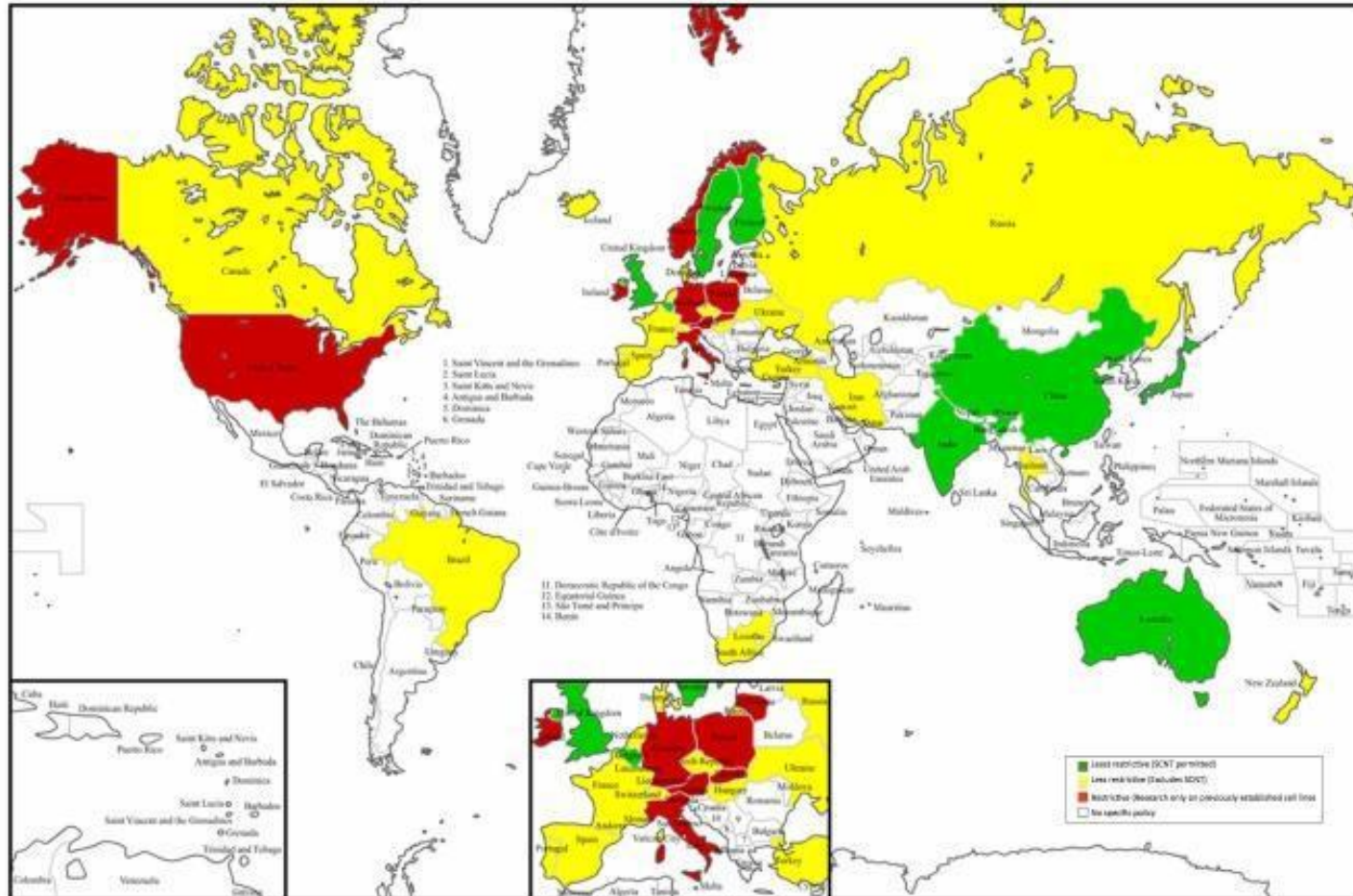
# Embryonic (ES) SC and Foetal SC

- \* Derived from human embryos that are few days old or foetus
- \* Differentiate to any type of cell.
- \* Can be grown easily but difficult to manipulate.
- \* Tumor formation, hyperproliferation and possibility of rejection





ETHICAL ISSUES- EMBRYO IS DESTROYED

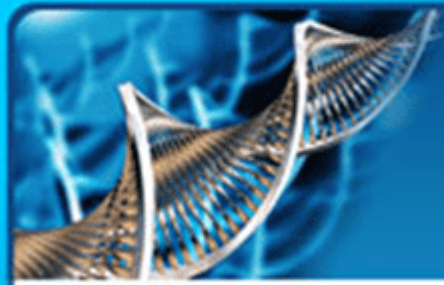


hESC MAP



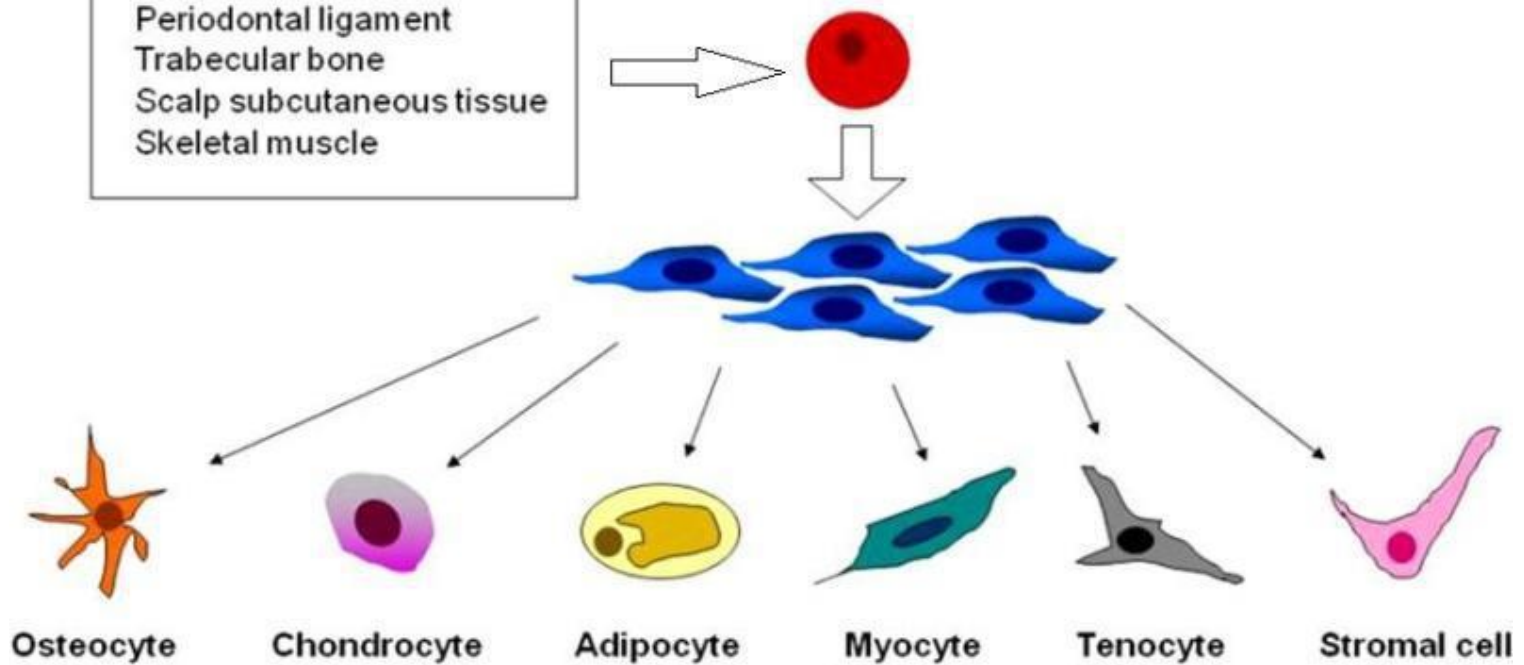
# Adult SC

- \* Found in all humans and can be obtained easily
- \* Differentiate to a limited number of cell types
- \* Maintain and repair the tissue in which they are found.
- \* Tumor formation and rejection is less likely



### Adult tissues

- Bone marrow
- Deciduous teeth
- Fat
- Hair follicles
- Peripheral blood
- Periodontal ligament
- Trabecular bone
- Scalp subcutaneous tissue
- Skeletal muscle





# Induced Pluripotent SC (iPSC)

- \* Adult somatic cells reprogrammed to become like embryonic stem cells (induced pluripotent stem cells, iPSCs)
- \* Viruses are currently used to introduce the reprogramming factors (OCT4, SOX2, KLF4 and c-MYC) into adult cells.
- \* Limited availability with difficult techniques.
- \* Cost is high.
- \* Tumor formation and rejection are the problems.



# STATUS IN OUR COUNTRY

- \* Human ESCs are restricted in our country (2005)
- \* Adult SCs and IPSC can be used with the approval of Local Ethical Committee and Ministry of Health

(Please read TCK: 90)



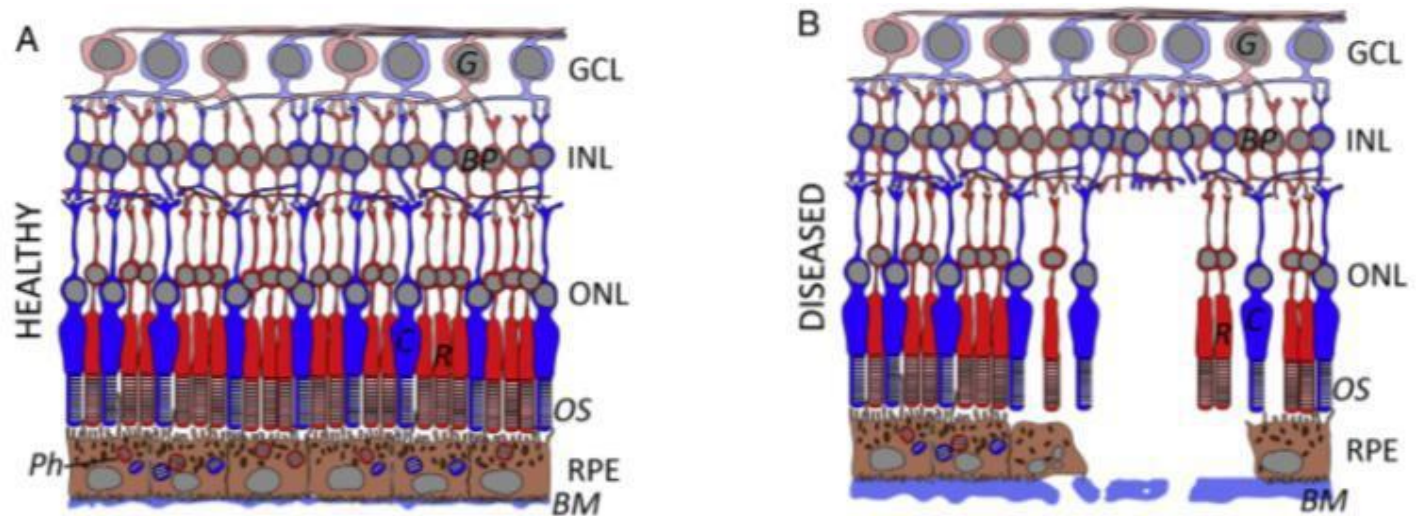
# SC in OPHTHALMOLOGY



CORNEA AND RETINA

# SC in RETINAL DISEASES

- \* Very complex tissue
- \* Has 10 different layers and 9 types of cells connected with each other.
- \* An alteration or damage in any of these layers can impair the anatomy and functions of the retina.





# Mechanisms of Stem Cell Therapy

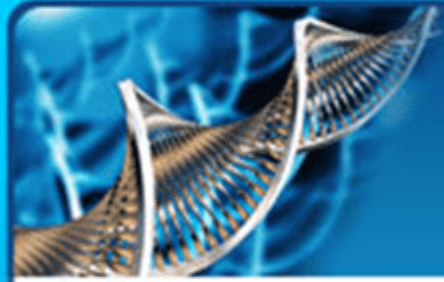
THERE ARE FOUR MECHANISMS:

- \* (1) Cell replacement: Healthy stem cells can replace degenerated cells
- \* (2) Nutritional support: Healthy stem cells secrete some trophic factors and promote the survival of surrounding cells.
- \* (3) Upregulating antiapoptotic genes and nutritional factors.
- \* (4) Promote new synaptic connections.

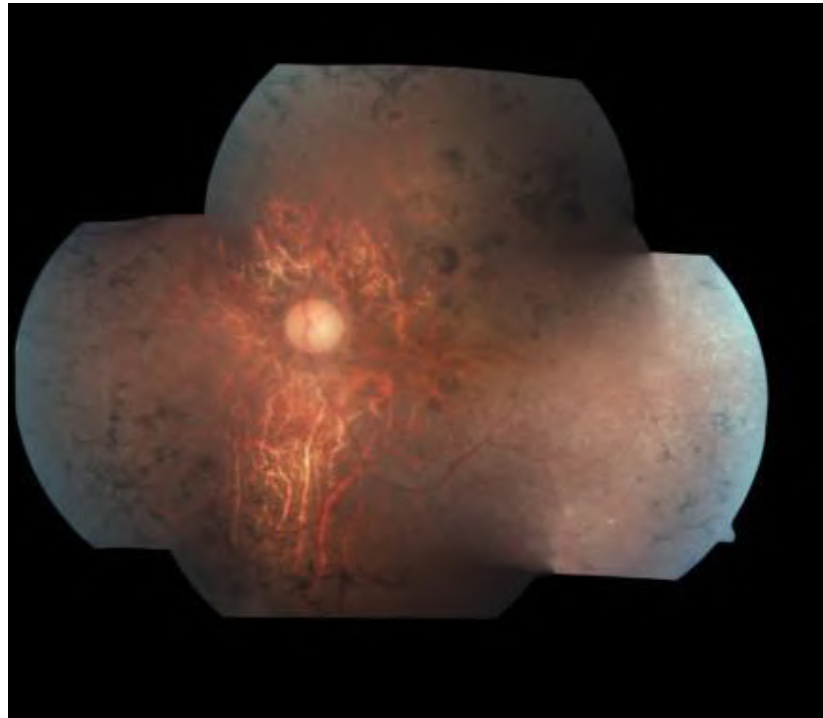


# Advantages of SC Use in Eye

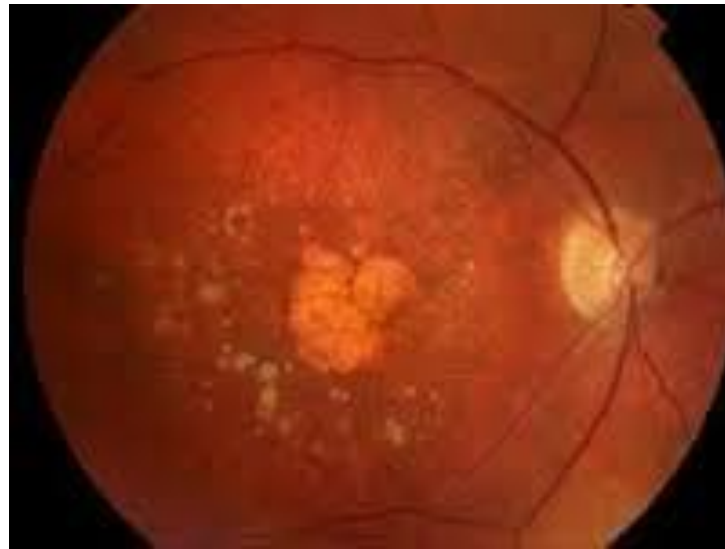
- \* Relatively small number of cells and low doses required
- \* Easy accessibility for surgery
- \* Direct visualization of grafts
- \* Immun privilege of the eye
- \* One eye can be used as control in bilateral disease
- \* Rare extraocular distribution.



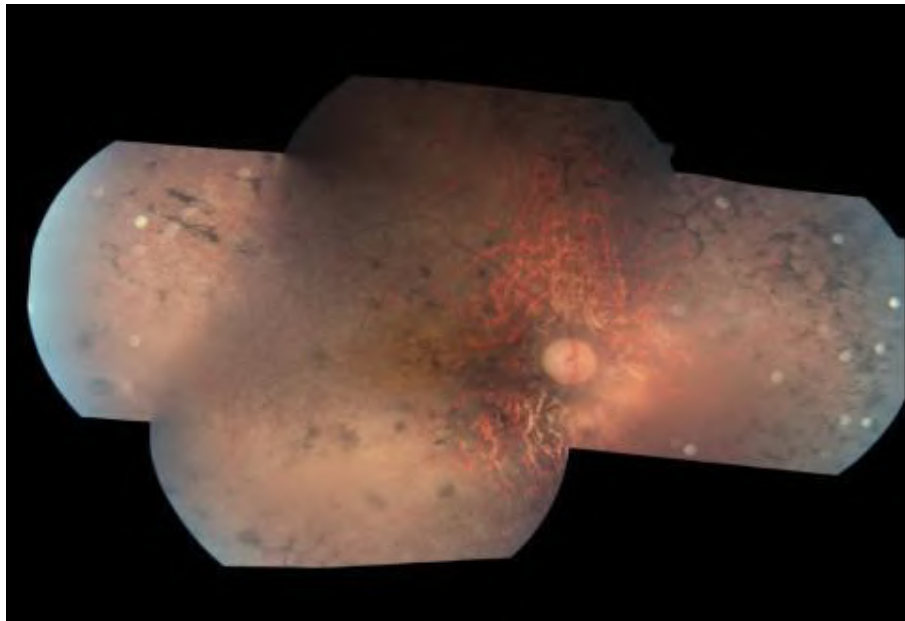
# TARGET RETINAL DISEASES ARE THE DISEASES WITH NO DEFINITIVE TREATMENTS



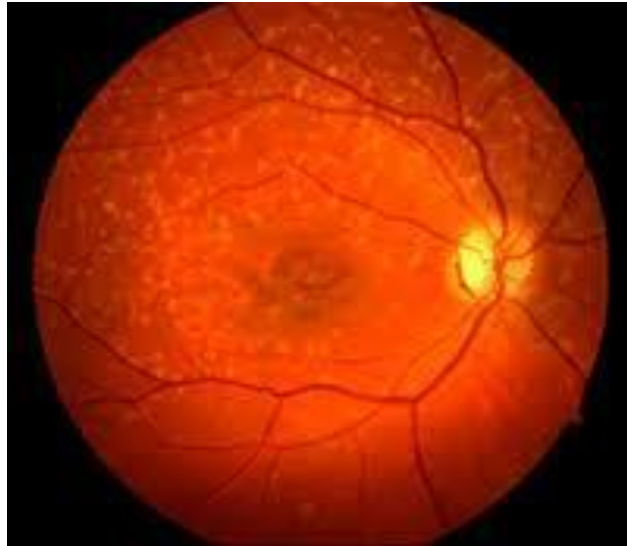
# Age Related Macular Degeneration (AMD)



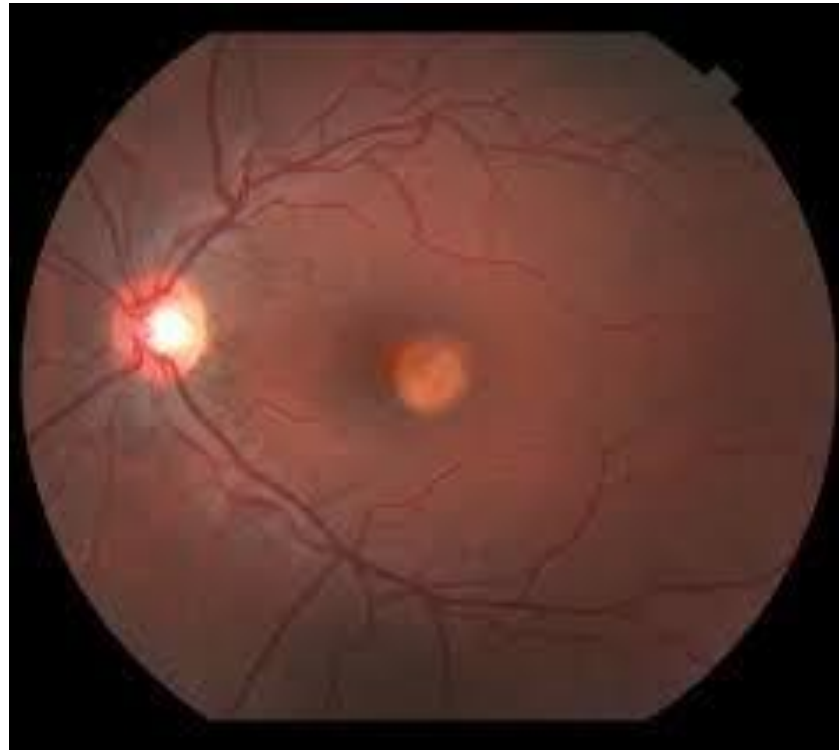
# Retinitis Pigmentosa

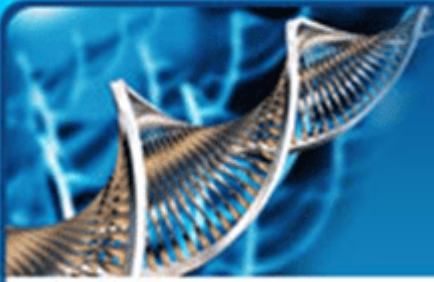


# Stargardt's Macular Dystrophy

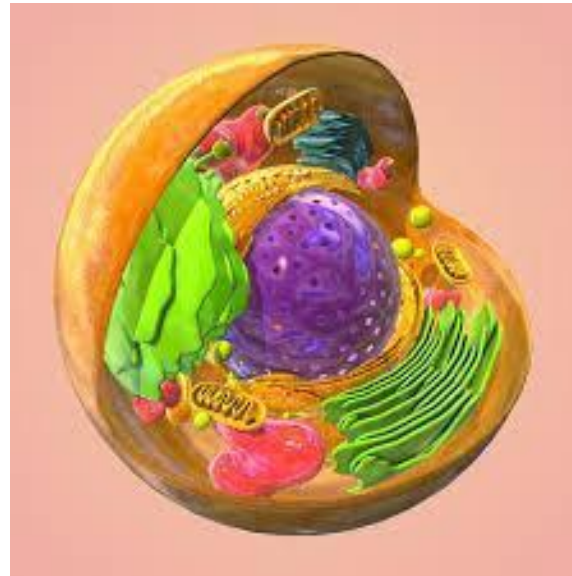


# Best's Vitelliform Macular Dystrophy





## WHICH KIND OF STEM CELLS CAN BE USED IN RETINAL DEGENERATIONS?





# REGISTERED TRIALS WITH ESC clinicaltrials.gov

- \* (1) (NCT01469832) Safety and Tolerability of Sub-retinal Transplantation of hESC-RPE Cells in Patients with Stargardt's Macular Dystrophy (SMD)
- \* (2) (NCT01691261) A Study of Implantation of hESC-RPE Subjects with Acute Wet AMD and Recent Rapid Vision Decline
- \* (3) (NCT01674829) A Phase I / II a, Open-Label, Single-Center, Prospective Study to Determine the Safety and Tolerability of Subretinal Transplantation of hESC-RPE (MA09hRPE) Cells in Patients With Advanced Dry AMD
- \* (4) (NCT02122159) Research With Retinal Cells Derived From Stem Cells for Myopic Macular Degeneration
- \* (5) (NCT01344993) Safety and Tolerability of Sub-retinal Transplantation of hESC Derived RPE (MA09-hRPE) Cells in Patients with Advanced Dry AMD
- \* (6) (NCT01345006) Sub-retinal Transplantation of hESC Derived RPE (MA09-hRPE) Cells in Patients with Stargardt's Macular Dystrophy;
- \* (7) (NCT01625559) Safety and Tolerability of MA09-hRPE Cells in Patients with SMD.



# REGISTERED CLINICAL TRIALS WITH IPSC [clinicaltrials.gov](http://clinicaltrials.gov)

- \* (1) (NCT02162953) Development of Induced Pluripotent Stem Cells from Patients with Best Disease and Other Inherited Retinal Degenerative Diseases
- \* (2) (NCT01432847) Generation of induced pluripotent stem (iPS) Cell Lines from Somatic Cells of Participants with Eye Diseases and from Somatic Cells of Matched Controls.



# Registered Clinical Trials with BMDMSC

- \* 1) NCT01736059- Clinical Trial of Autologous Intravitreal Bone-marrow CD34+ Stem Cells for Retinopathy. Non-exudative AMD, Diabetic Retinopathy. RVO, RP, Hereditary Macular Degeneration.
- \* 2) NCT01560715- Autologous Bone Marrow-Derived Stem Cells Transplantation For RP (**RETICELL**)
- \* 3) NCT02280135- Clinical Trial of Intravitreal Injection of Autologous Bone Marrow Stem Cells in Patients With Retinitis Pigmentosa (TC/RP)
- \* 4) NCT01068561- Autologous Bone Marrow-Derived Stem Cells Transplantation For Retinitis Pigmentosa
- \* 5) NCT01914913- Clinical Study to Evaluate Safety and Efficacy of BMMNC in Retinitis Pigmentosa
- \* 6) NCT01531348- Feasibility and Safety of Adult Human Bone Marrow-derived Mesenchymal Stem Cells by Intravitreal Injection in Patients With Retinitis Pigmentosa
- \* 7) NCT01518127- Intravitreal Bone Marrow-Derived Stem Cells in Patients With Macular Degeneration (**AMDCELL**)



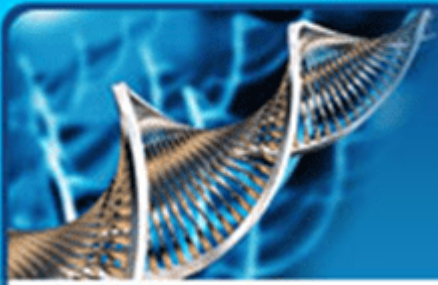
# Registered Trials with ADMSC

- \* (1) (NCT02024269) Study to Assess the Safety and Effects of Cells Injected Intravitreal in Dry Macular Degeneration
- \* (2) (NCT02144103) Effectiveness and Safety of Adipose-Derived Regenerative Cells for Treatment of Glaucomatous Neurodegeneration.



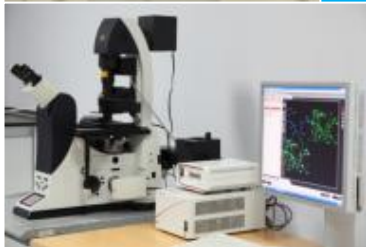
# OUR CLINICAL STUDY

- \* Phase 1 prospective safety study.
- \* Approval of the Ethical Committee of University (March-2014)
- \* Approval of Ministry of Health (January-2015)
- \* 20 Volunteers with end-stage RP



# GENKÖK

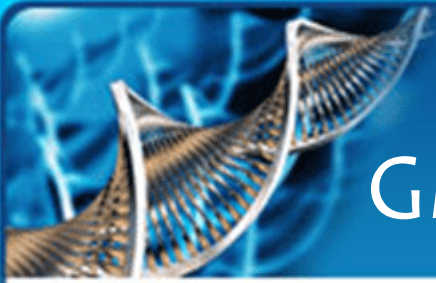
*everything  
about life*





# PATIENTS AND METHODS

- \* 15 patients were included
- \* All had total visual field defect.
- \* % 50 of the patients were only p +
- \* The best VA was hand motion from 1 meter.
- \* All had undetectable ERG.
- \* The worse eye was operated.
- \* After total vitrectomy with 23 gauge, 1.000.000 SCs were injected subretinally.
- \* Adipose Tissue Derivated MSC s were used.

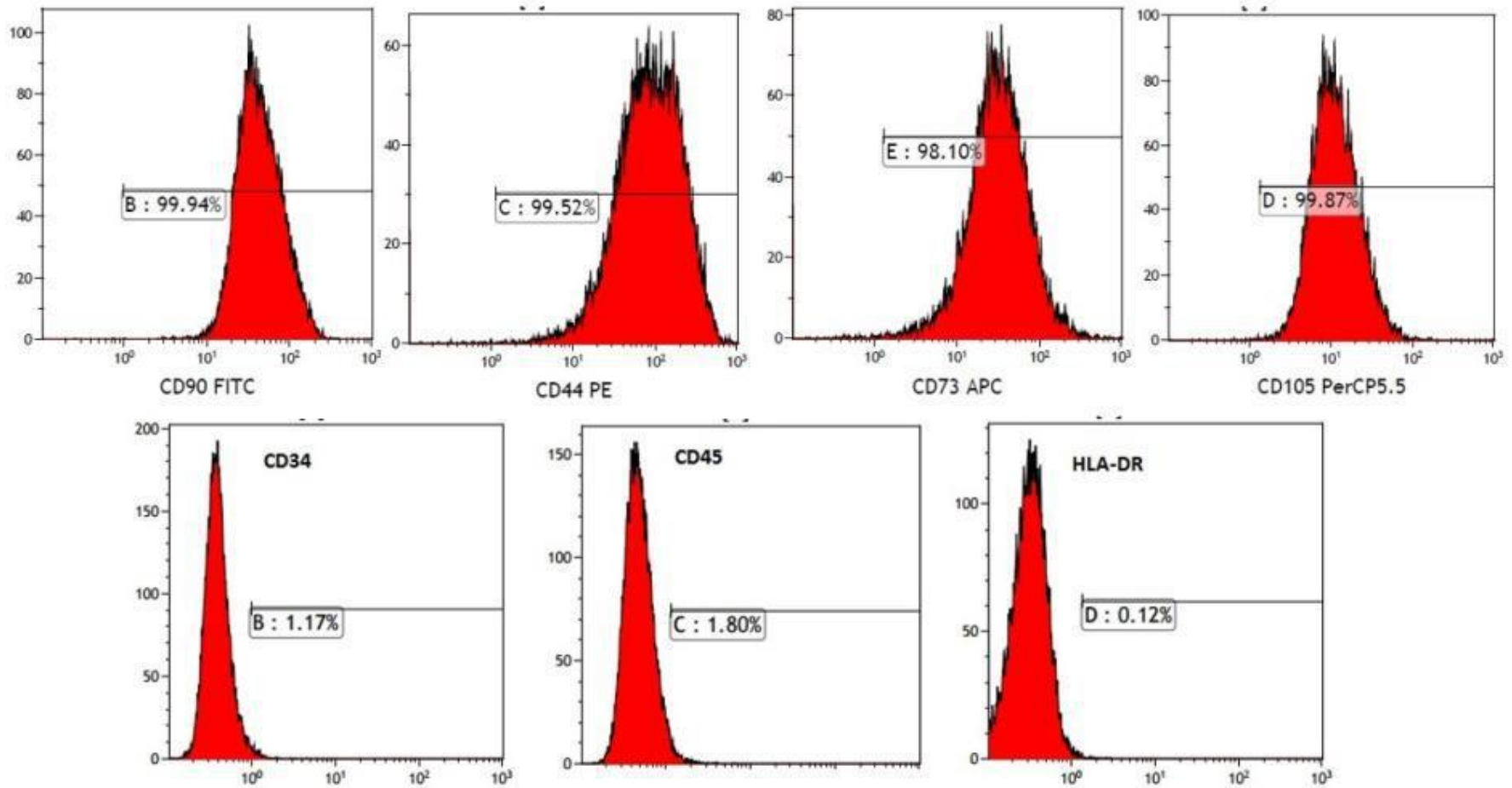


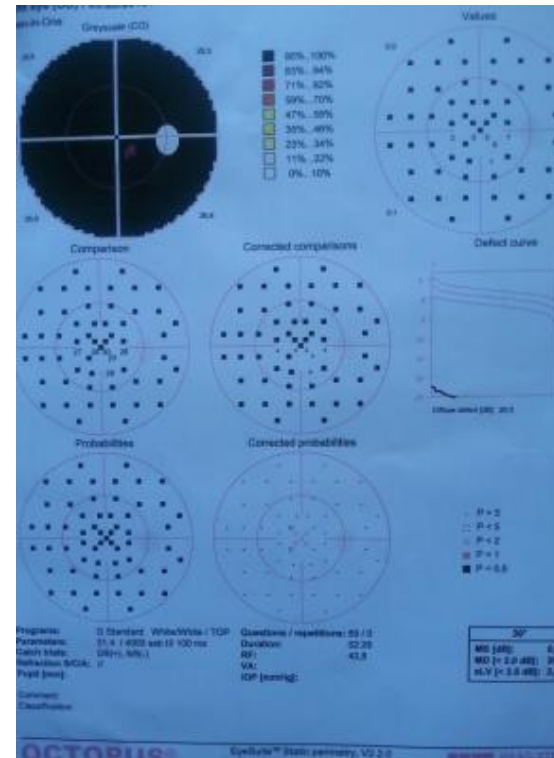
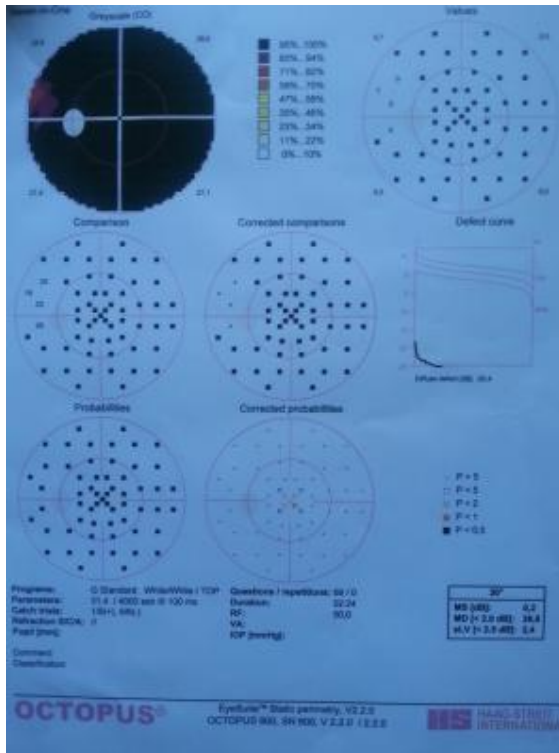
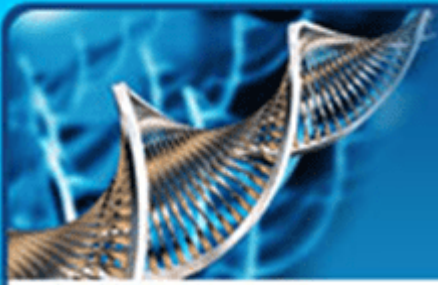
# GMP (Good manufacturing practice)

ADMSCs were prepared under strict environmental conditions with international standards

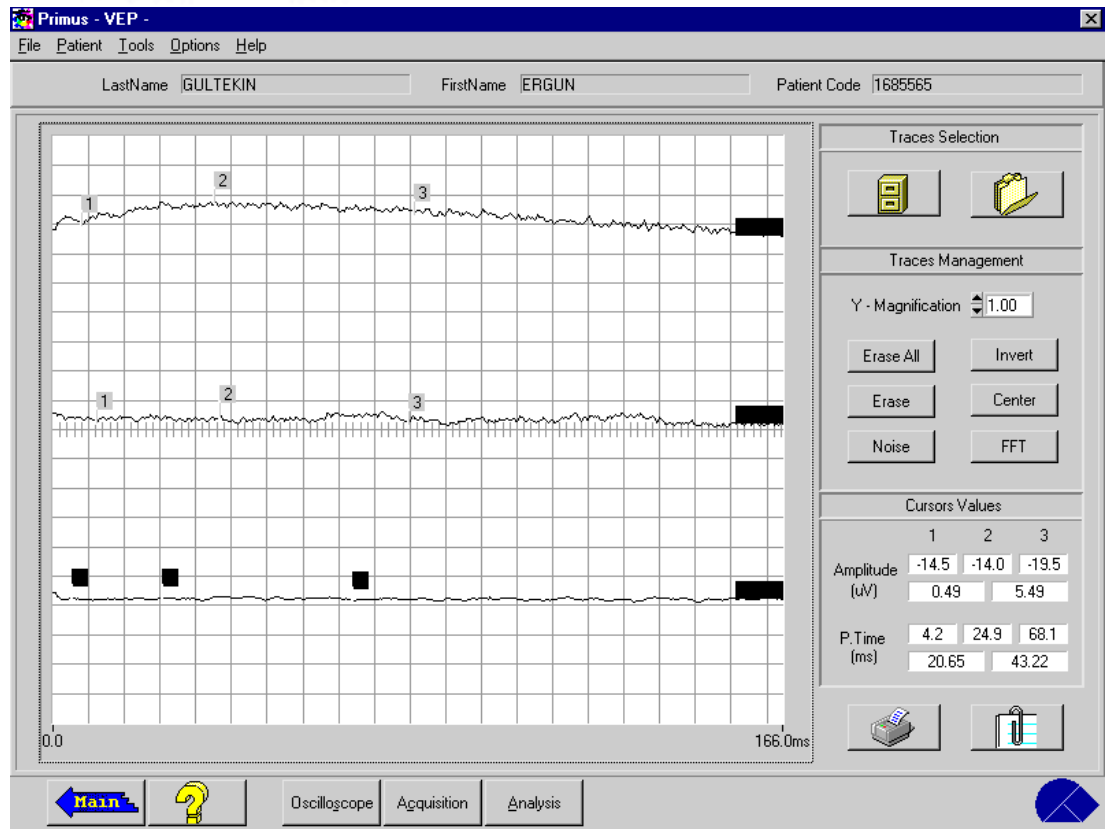
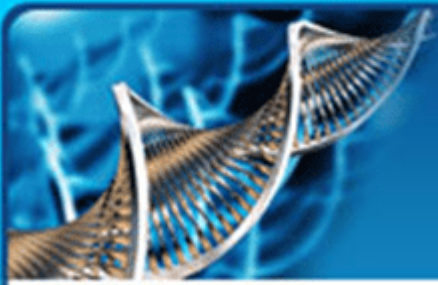


# Allogenic human adipose derived MSCs flow cytometry results





Two examples for visual field examination



An example for ERG



# RESULTS

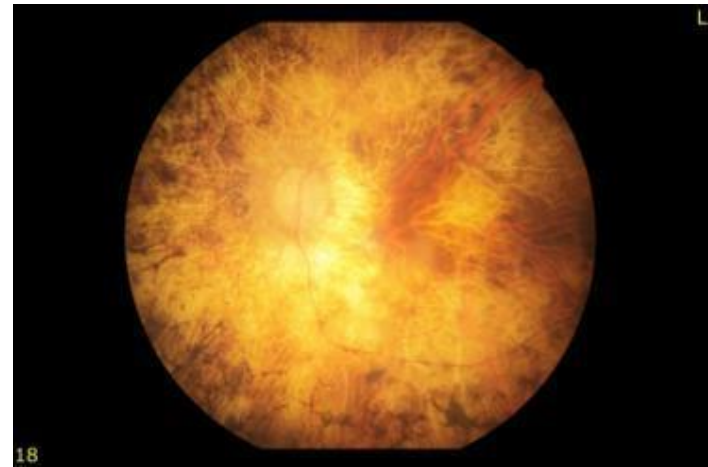
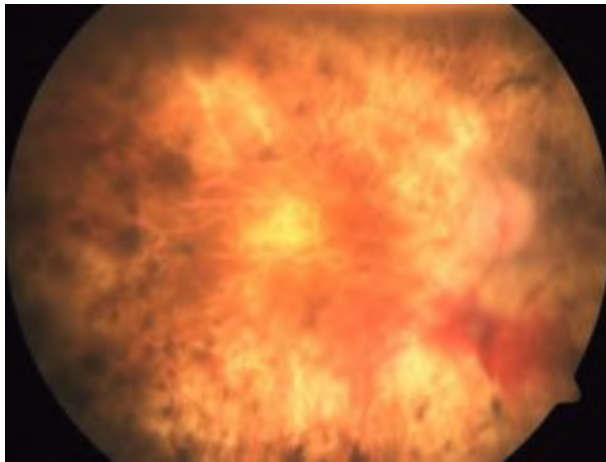
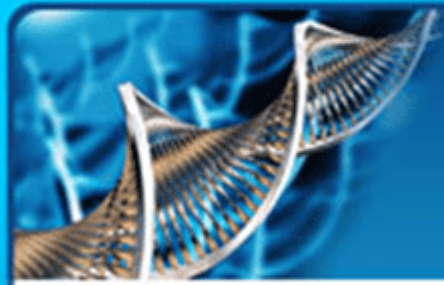
- \* 11 patients completed 12 month follow-up.
- \* None of them had systemic complications.
- \* 5 had no ocular complications.
- \* One had CNVM at the transplantation site and received intravitreal anti-VEGF drug for once.  
(Surgical trauma to the Bruchs membrane)
- \* 5 had ERM around the transplantation area and at the periphery and received second PPV (vitreal reflux of the stem cells or inadvertent preretinal injection of SC)



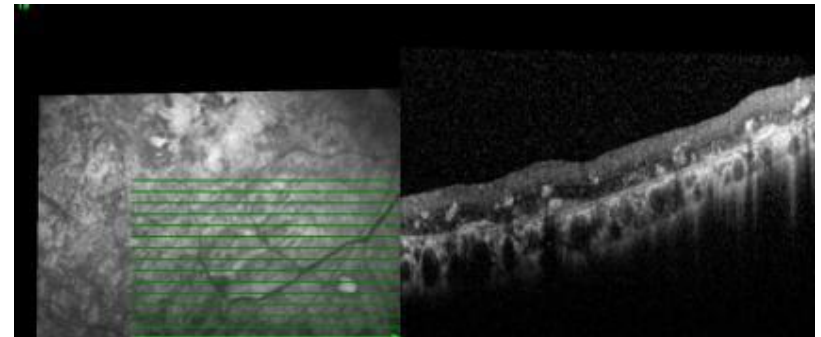
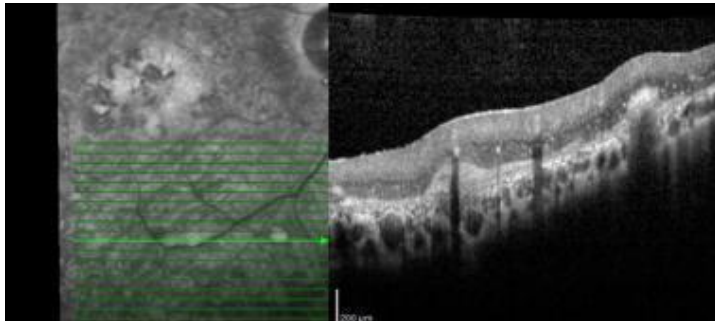
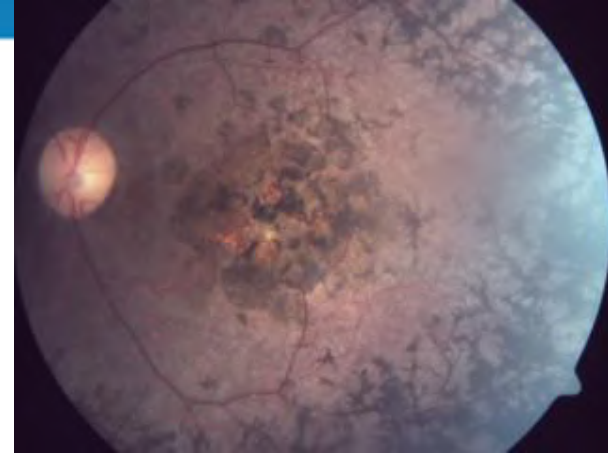
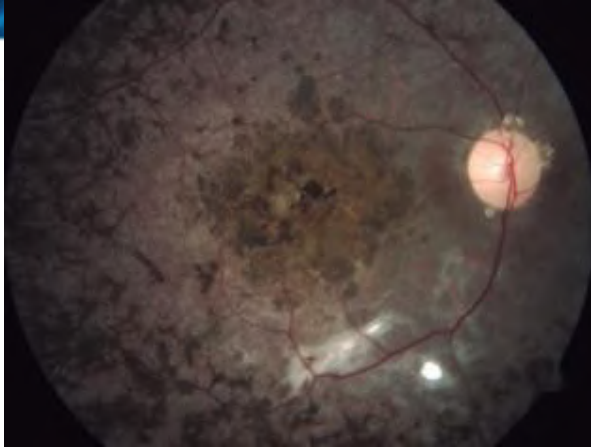
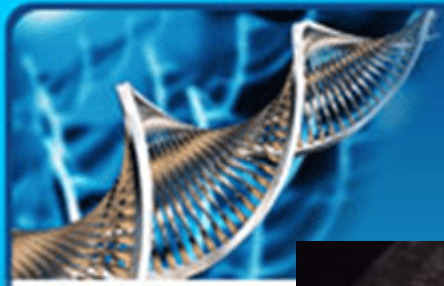
# RESULTS

- \* Only 1 had visual acuity improvement (From 1 mhm to 0.05) and a slight ERG improvement .
- \* 3 mentioned that the light and some colors are brighter than before although there was not an improvement in VA.
- \* The other 7 had no VA improvement  
(6 of them were p+ )

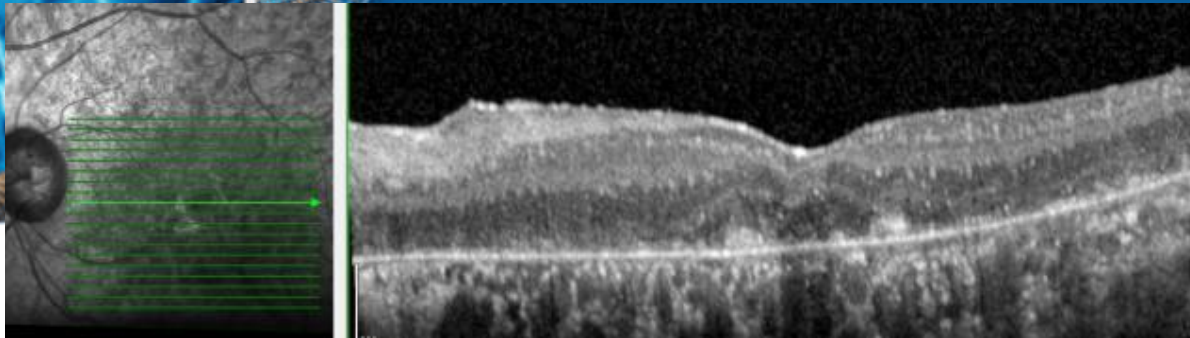




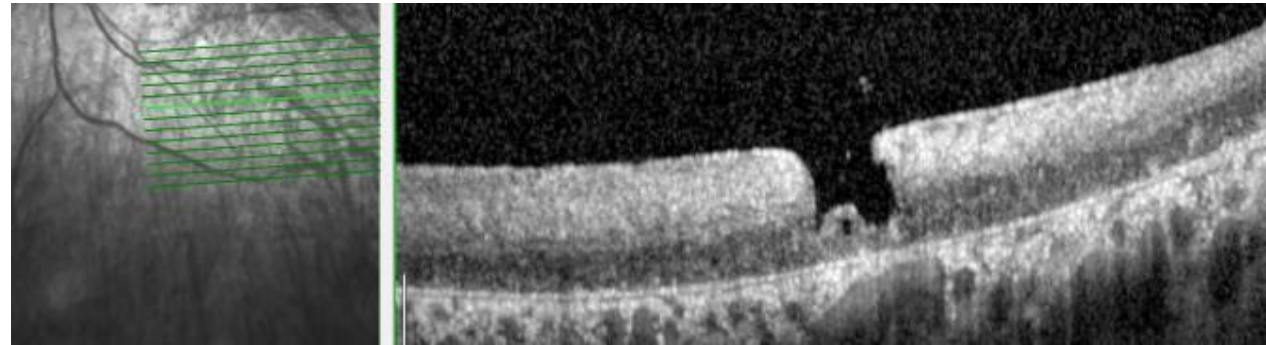
The same patient: Right eye 1 day after surgery and the left eye



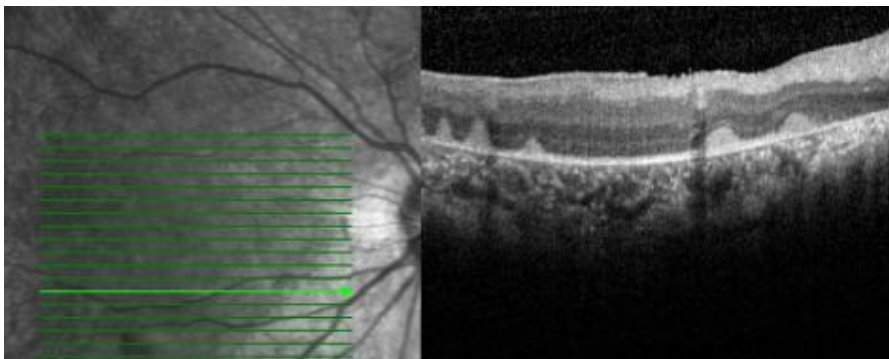
Fundus images of a patient at the sixth month  
OCT at first week and at sixth month.  
Right eye was treated, left eye was untreated.



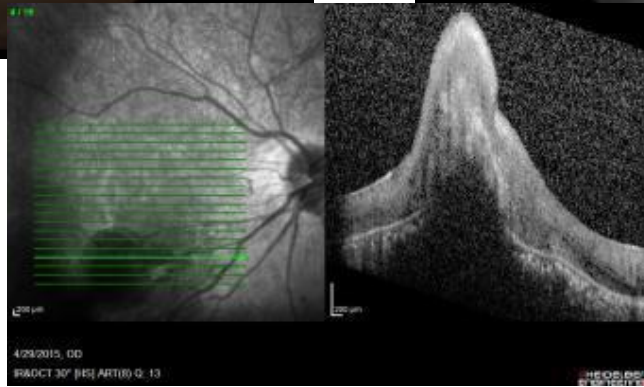
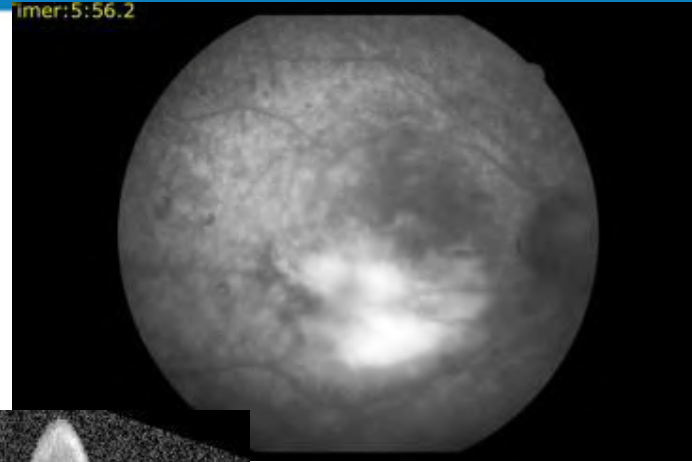
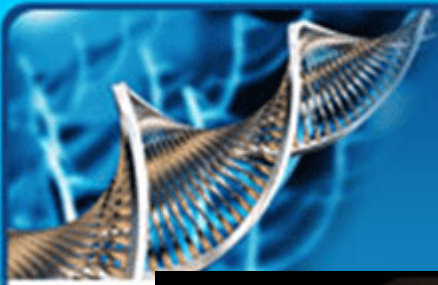
**OCT image of a patient at sixth month**



**Transplantation area on OCT**



**OCT of another patient after 2 weeks**



The patient with CNVM: Fundus image, angiography and OCT



# CONCERNS ABOUT SC





# SAFETY- Tumor Formation?

- \* Despite all the advantages of SCs, (especially ESCs) tumor formation is considered an important risk for the clinical application of these stem cells.
- \* In clinical studies there is no reported tumor formation yet.

\* Cui L, et al. WNT signaling determines tumorigenicity and function of ESC-derived retinal progenitors. *J Clin Invest* 2013; 123: 1647-1661.



# IMMUN REACTION ?

- \* SCs are known to be immunosuppressive.
- \* Subretinal region is believed to be immune privileged because of the presence of the blood–brain and blood–retinal barriers.
- \* Immunosuppression is not necessary as long as the blood–retinal barrier was not damaged by the transplantation procedure.
- \* Some researchers recommend immunosuppressive drugs for human.
- \* Hambright, D.; et al. Long-term survival and differentiation of retinal neurons derived from human embryonic stem cell lines in un-immunosuppressed mouse retina. *Mol. Vis.* 2012, 18, 920–936.



# Low Rate of Cell Survival and Migration

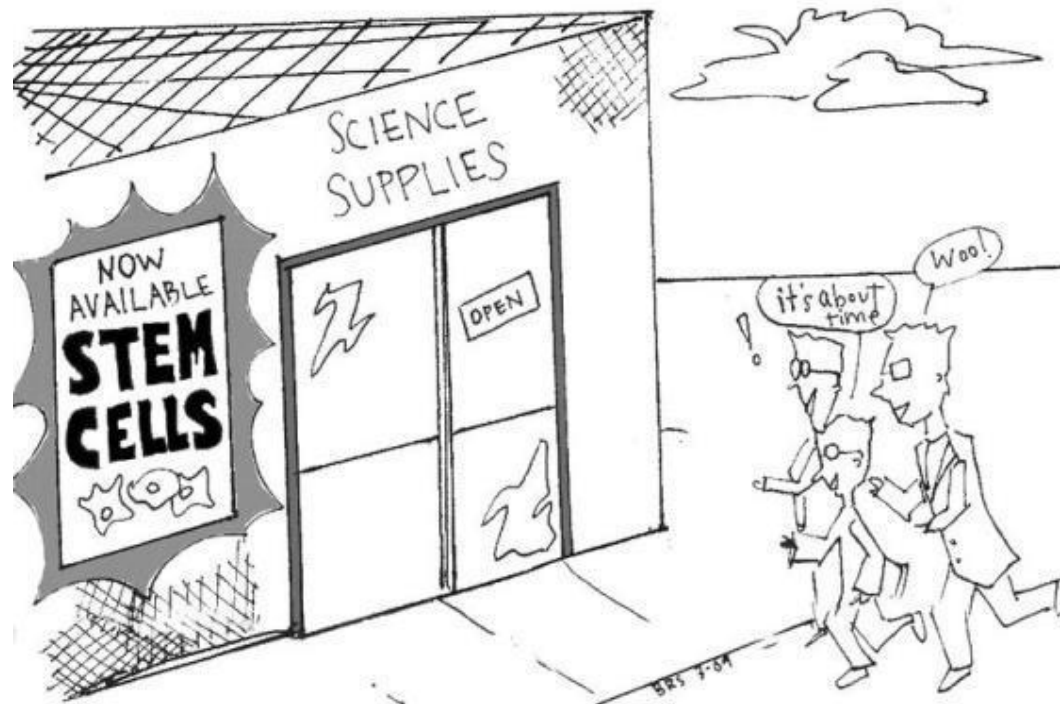
- \* But a low rate of transplanted cell survival is a major problem in stem cell therapy.
  - \* The diseases are progressive and stem cells could be affected from the disease.
  - \* OLM may presents a physical barrier to integration of stem cells into the retina.
- 
- \* Chen, L.F.; et al. Localization and developmental expression patterns of CSPG-cs56 (aggrecan) in normal and dystrophic retinas in two rat strains. *Exp. Neurol.* 2012, 234, 488–498.
  - \* Tucker, B.A.; et al. Transplantation of adult mouse iPS cell-derived photoreceptor precursors restores retinal structure and function in degenerative mice. *PLoS One* 2011, 6, e18992. 114.
  - \* Pearson, R.A.; et al. Targeted disruption of outer limiting membrane junctional proteins (Crb1 and ZO-1) increases integration of transplanted photoreceptor precursors into the adult wild-type and degenerating retina. *Cell Transpl.* 2010, 19, 487–503.
  - \* Jiang, C.; et al. Laser injury promotes migration and integration of retinal progenitor cells into host retina. *Mol. Vis.* 2010, 16, 983–990.
  - \* West, E.L.; et al. Pharmacological disruption of the outer limiting membrane leads to increased retinal integration of transplanted photoreceptor precursors. *Exp. Eye Res.* 2008, 86, 601–611.

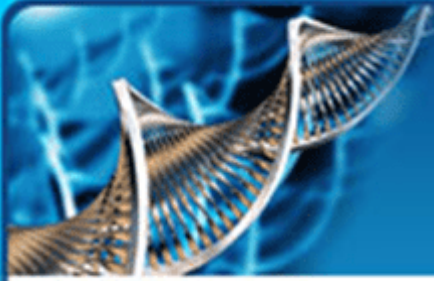


# STANDART PROTOCOL?

- \* Which kind of stem cell is most suitable for stem cell therapy?
- \* What is the perfect dosage?
- \* What is the most suitable way ? Subretinal, intravitreal?
- \* What is the most suitable stage for patients to received the cells?

# IN THE FUTURE





"Now, don't panic — we're just here  
to do a little stem-cell research."

THANK YOU FOR YOUR INTEREST